

# MAY 2024: MENU

\*\* UNLESS OTHERWISE NOTED, 2% MILK WILL BE OFFERED DAILY \*\*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> 3 oz. Riblet, 2oz. BBQ Sauce Sautéed Onions ½ c. Buttered Corn ½ c. Green Beans 1.4 oz. Roll ½ c. Mandarin Orange 8 oz. 2% Milk	<b>2</b> 8 oz Lentil Soup/Crackers 3 oz Roasted Turkey 2oz Gravy, ½ c. Bread Stuffing ½ c. Glazed Carrots 1 slice Whole Wheat Bread ½ c. Fruited Jello (peaches, pears, pineapple, cherry, grapes) 8 oz. 2% Milk	<b>3</b> Fajita Friday! 3 oz. Chicken, ½ c. Rice and Beans ½ c. Tomato/Lettuce 1.8 oz. Tortilla ½ c. Tropical Fruit Salad (pineapple, papaya) 8 oz. 2% Milk
<b>6</b> 3 oz. low sodium Beef Hot Dog 2 oz. Sauerkraut/½ c. Baked Beans ½ c. Sauteed Spinach 1.4 oz. Hot Dog Roll 1 Ketchup/Mustard Packet ½ c. Canned Peaches 8 oz. 2% Milk	<b>7</b> 6 oz. Sweet and Sour Chicken w/ peppers and onions ½ c. Brown Rice ½ c. Japanese Vegetables 1.1 oz. Roll ½ c. Vanilla Pudding 8 oz. 2% Milk	<b>8</b> 8oz Escarole Soup/ Crackers ½ c. Tuna Salad ½ c. Potato Salad ½ c. Cucumber Salad 1 slice Wheat Bread Fresh Orange 8 oz. 2% Milk	<b>9</b> 3 oz. Beef Meatballs ½ c. Cheese Ziti 2 oz. Marinara Sauce ½ c. Green Beans, Parmesan Cheese 2 oz. Hoagie Roll ½ c. Pears 8 oz. 2% Milk	<b>10</b> Chef's Salad/Tomato and 3 oz. Ham, Turkey, Egg and Cheese ½ c. Pasta Salad/Parmesan Cheese 2 T. French Dressing 1 slice Wheat Bread ½ c. Pineapple 8 oz. 2% Milk
<b>13</b> 8 oz. Tomato Soup/ Crackers 3 oz. Beef Meatloaf 2 oz. Gravy ½ c. Mashed Potatoes ½ c. Beets, 1 slice Wheat Bread Brownie 8 oz. 2% Milk	<b>14</b> 3 oz. Chicken Cheese Steak Fried Onions 1.6 oz. Hoagie Roll ½ c. Home Fried Potatoes ½ c. Succotash (corn/lima beans) Banana 8 oz. 2% Milk	<b>15</b> 8 oz. Pea Soup 3 oz. Breaded Fish/Tartar/Cocktail Sce ½ c. Macaroni and Cheese ½ c. Stewed Tomato/Zucchini 1 slice Wheat Bread ½ c. Peaches, 8 oz. 2% Milk	<b>16</b> Turkey Hoagie (3 oz. Meat/Cheese, Hoagie Roll) ½ c. Lettuce and Tomato ½ c. Potato Salad 1 packet Mayonnaise Apple 8 oz. 2% Milk	<b>17</b> 3 oz. Chicken Alfredo/2 oz. Sauce 1 c. Pasta, ½ c. Broccoli 1 c. Tossed Salad/Tomato 2 T. Creamy Italian Dressing 1 slice Wheat Bread Sugar Cookies 8 oz. 2% Milk
<b>20</b> 1 cup Beef and Macaroni (3 oz. EP Beef)/¼ c. Tomato Sauce ½ c. Mixed Vegetables (carrots, corn, gr. beans, limas) 1.4 oz. Sandwich Roll Parmesan Cheese ½ c. Fruit Cocktail (pineapple, peach, pear, grapes, cherries) 8 oz. 2% Milk	<b>21</b> 3 oz. Cheese Omelet ½ c. Roasted Potatoes, Peppers, Onions ½ c. Broccoli 1 slice Wheat Bread ½ c. Mandarin Oranges 8 oz. 2% Milk	<b>22</b> 3 oz. Chicken Parmesan 4 oz. Pasta, 4 oz. Tomato Sauce ½ c. Garlic Green Beans 1 slice Wheat Bread Parmesan Cheese Banana 8 oz. 2% Milk	<b>23</b> 4 oz. (Seafood/Egg/Turkey) Salad Lettuce Leaf w/ Sliced Tomato 4 oz Pickled Beets 1 slice Whole Wheat Bread ½ cup Chocolate Pudding 8 oz. 2% Milk	<b>24</b> <b>Memorial Day Picnic!</b> 3 oz. low sodium Beef Hot Dog Sauerkraut, 1.4 oz. Hot Dog Roll ½ c. Baked Beans, ½ c. Spinach Ketchup and Mustard Packs ½ c. Water Ice 8 oz. 2% Milk
<b>27</b>  <b>HAPPY MEMORIAL DAY!</b>	<b>28</b> 8 oz. Minestrone Soup/ Crackers 3 oz. BBQ Chicken Leg ½ c. Mashed or Red Skin Potatoes ½ c. Green Peas and Carrots 1.4 oz. Roll, ½ c. Mandarin Oranges 8 oz. 2% Milk	<b>29</b> 8 oz. Beef Barley Soup/Crackers 3 oz. Tuna Salad on Lettuce Leaf w/ Sliced Tomato ½ c. Macaroni Salad ½ c. 3 Bean Salad 1 slice Wheat Bread Birthday Cake, 8 oz. 2% Milk	<b>30</b> 8 oz. Spaghetti /3oz Pork Sausage 2 oz. Tom Sauce/Parm. cheese 1 c. Tossed Salad/Tomato 1 pack Italian Dressing ½ c. Capri Blend Vegetables (squash, green beans, broccoli, carrots, cauli., peppers, lima beans) 1.1 oz. Dinner Roll, 4 oz. Cake	<b>31</b> 3 oz. Hot Roast Beef Sandwich 2 oz. Gravy ½ c. Garlic Mashed Potatoes ½ c. Brussels Sprouts 1.1 oz. Dinner Roll ½ c. Vanilla Ice Cream or ½ c. Applesauce, 8 oz. 2% Milk

# MAY 2024: SOCIAL SCHEDULE *(all schedules subject to change)*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> ShopRite 11:45am Exercise with Lewan 12:00pm Lunch 12:45pm Horticulture Therapy, craft floor	<b>2</b> Lidl, Big Lots 12:00pm Lunch 12:30pm BINGO with Mike R Or 12:45pm Aversa's with LuLu	<b>3</b> 10:00am Movies! Room 105 Or Aldi 12:00pm Lunch 12:45pm Dollar Tree
<b>6</b> ShopRite 11:45am Exercise with Lewan 12:00pm Lunch 12:30pm	<b>7</b> ShopRite 11:45am Exercise with Lewan 12:00pm Lunch 12:45pm BINGO! With Mike R	<b>8</b> Walmart 12:00pm Lunch 12:45pm Farmer's Market Voucher Distribution	<b>9</b> AMISH MARKET 12:00pm Lunch 12:30pm Looks who's Dancing!	<b>10</b> Lidl, Big Lots 11:45am Exercise with Lewan 12:00pm Lunch 12:30pm Project H.O.P.E.
<b>13</b> (50th Anniversary week!) Aldi, USPS 11:45am Exercise with Lewan 12:00pm Lunch 12:30pm Look Who's Dancing!	<b>14</b> Camden County College Exhibit: "A League Apart: Philadelphia Negro League Baseball" 12:00pm Lunch 12:45pm Awesome Keys! with Francis	<b>15</b> Camden County College Exhibit: "A League Apart: Philadelphia Negro League Baseball" 12:00pm Lunch 12:45pm Look Who's Dancing	<b>16</b> Burlington Coat 12:00pm Lunch 12:40pm USPS, dollar store OR Farmer's Market Voucher Distribution	<b>17</b> AMISH MARKET 12:00pm Lunch 12:45pm BINGO! With Mike R
<b>20</b> Boscov's 12:00pm Lunch 12:35pm USPS, dollar store OR Farmer's Market Voucher Distribution	<b>21</b> Walmart 12:00pm Lunch 12:40pm Pokeno with LuLu and Mike R	<b>22</b> Ollie's 11:45am Exercise with Lewan 12:00pm Lunch 12:30pm Awesome Keys! With Francis	<b>23</b> Aldi 12:00pm Lunch 12:45pm Duffield's Farm Market	<b>24</b> Acme, dollar store 12:00pm Lunch 12:45pm BINGO with Mike R & LuLu
<b>27</b> CENTER CLOSED <b>HAPPY MEMORIAL DAY!</b>	<b>28</b> Ollie's 11:45am Exercise with Lewan 12:00pm Lunch 12:30pm Aversa's Bakery	<b>29</b> Burlington Coat 11:45am Exercise with Lewan 12:00pm Lunch 12:40pm BINGO with LuLu & Jen	<b>30</b> Boscov's 12:00pm Lunch 12:45pm Farmer's Market Voucher Distribution	<b>31</b> Duffield's Farm Market 12:00pm Lunch 12:45pm Farmer's Market Voucher Distribution